

Oregon Housing & Health Care Integration Best Practices

Best Practice: Affordable housing community-based health clinic

Who: Housing Works (abn. Central Oregon Regional Housing Authority), Mosaic Medical and EPIC Property Management

What: In 2014, Housing Works completed a rehab of the 70-unit Ariel Glen apartments on Bend's Eastside. As a part of the rehab work, washer and dryer units were added to each apartment home. This change freed up the existing community laundry room and allowed Housing Works the opportunity to partner with Mosaic Medical, a Federally Qualified Health Clinic, to establish an affordable housing community-based medical clinic. Mosaic's clinic operates three days per week and provides medical services to a total of 166 units of affordable housing at Ariel Glen (70 units) and Ariel South (96 units), as well as to the surrounding neighborhood. Mosaic is planning to expand its hours of operations.

Where: Bend, Oregon

Funding: Housing Works (laundry room conversion to medical clinic), Medicaid (services)

Best Practice: Innovative uses of Adult Mental Health Initiative funds

Who: Clatsop County Behavioral Healthcare

What: Clatsop County Behavioral Healthcare has utilized Adult Mental Health Initiative dollars to fund short-term rent assistance (90 days or less) and wraparound mental health services, including housing help for high-needs clients. These services have been used when a client's mental health condition is preventing them from obtaining and/or maintaining adequate, stable housing.

Where: Clatsop County, Oregon

Funding: Adult Mental Health Initiative Funds

Best Practice: Coordinated, on-site, culturally appropriate services for low-income seniors and people with disabilities

Who: Cedar Sinai Park, REACH, Home Forward (housing owners); CareOregon (Medicaid Insurer); Asian Health & Service Center, Lifeworks NW, Cascadia Behavioral Healthcare, Jewish Family and Child Services and Sinai In-Home Care (service providers)

What: The project serves 1400 residents in 11 publicly subsidized apartment buildings (10 are located in downtown Portland) that house low-income seniors and people with disabilities. The ground floor of one centrally located building serves as the location for a Providence ElderPlace

Oregon Housing & Health Care Integration Best Practices

PACE program, a clinic, a primary and urgent care provider, mental health clinical space and office space for Asian Health & Service Center and Lifeworks NW staff. Health Navigators, funded by CareOregon, are available to all residents, even if not insured by CareOregon. Health Navigators work with housing staff, county agencies and health and social service organizations to engage residents, assess needs and present a range of service and support options.

The navigators work on-site, rotating through the buildings, along with mental health specialists provided by Cascadia Behavioral Healthcare and Lifeworks NW. The navigators and mental health specialists support all aspects of health management including follow-up after hospital discharge, connecting residents to county Aging, Disability and Veteran Services, answering health questions and connecting residents to primary care providers. Additional services provided include prescription medication management support, a volunteer resident service exchange (Give2Get), food insecurity screening, food distribution and food pantry support. An active and highly engaged resident advisory council (RAC) is involved in project development and oversight, education, outreach and volunteer recruitment. The Portland State University School of Social Work Institute on Aging is conducting a comprehensive evaluation of the pilot project.

Where: Portland, Oregon

Funding: Affordable Care Act funding through a SIM grant that is administered by the Department of Human Services' Aging and Disability Services Division. CareOregon provides funding for the Health Navigation staff, prescription medication management and Give2Get programs. Mental health providers are paid for by traditional billing systems. Enterprise grant funds.

Best Practice: On-site, resident services lead healthy homes program

Who: Cornerstone Community Housing, Housing and Community Services Agency, United Way 100% HEALTH Executive Coalition, Trillium Coordinated Care Organization

What: Cornerstone Community Housing and Housing and Community Services Agency have collaborated to better serve affordable housing residents and develop an integrated network of partnerships in Lane County with the goal to improve health outcomes and reduce health care costs by providing a housing and health care coordinator (a certified Community Health Care Worker) to support low-income families in affordable housing community centers across Lane County. The Healthy Homes peer support program provides residents with on-site supports and wrap-around services, in combination with up to 50 hours of individual and peer support health and wellness coaching. This includes expanding partnerships with Trillium, a local coordinated care organization, to gather and track health care costs of shared clients, identify the

Oregon Housing & Health Care Integration Best Practices

correlation of positive health outcomes and reduced costs, and directly link to the intersection between health and housing.

Where: Eugene, Oregon

Funding: Enterprise (\$42,000), United Way (\$10,000), and Trillium (\$125,000)

Best Practice: Organizational coordination, needs assessment, referral processes

Who: Central City Concern's (CCC) housing programs and CCC's Old Town Clinic

What: Central City Concern has created the Housed and Healthy (H+H) project. H+H is an inter-organizational effort to reveal potential working partnerships between health services (i.e. CCC's Old Town Clinic) and supportive housing. H+H uses a needs assessment to identify high-need individuals, streamline referral processes to connect residents to care, increase coordination between service providers, and offer in-housing programming to better the health status of residents.

Where: Portland, Oregon

Funding: Enterprise grant funds

Best Practice: Mental health court housing assistance pilot project

Who: Umpqua Health Alliance (Douglas County CCO), Greater Oregon Behavioral Health Inc. (GOBHI), Douglas County Housing Authority and Community Health Alliance (CHA) and ADAPT

What: Umpqua Health Alliance and Greater Oregon Behavioral Health Inc. provided approximately \$25,000 in Adult Mental Health Initiative funds to support rental assistance dollars to the Douglas County Housing Authority to serve households with mental illness who are coming out of incarceration through the county mental health/drug court. The Douglas County Housing Authority is assisting clients in identifying available, low barrier housing. CHA and ADAPT are providing intensive wraparound case management services to help ensure the success of the clients.

Where: Douglas County, Oregon

Funding: Adult Mental Health Initiative Funds, Greater Oregon Behavioral Health Inc.

Oregon Housing & Health Care Integration Best Practices

Best Practice: Adult Mental Health Initiative funds for rental assistance

Who: Greater Oregon Behavioral Health Inc. (GOBHI), Umpqua Health Alliance (Douglas County CCO), Eastern Oregon CCO

What: Greater Oregon Behavioral Health, Inc. is the administrator (in Douglas County and Eastern Oregon) of a rental assistance program funded by Addictions and Mental Health (AMH) through State of Oregon General Fund and Tobacco Tax dollars. The rental assistance provides up to \$500 of rental subsidy for a qualifying household. Households are still required to pay 30% of their income towards rent. The Umpqua Health Alliance (Douglas County) and the Eastern Oregon Coordinated Care Organization (all 12 Eastern Oregon Counties) are utilizing these Adult Mental Health Initiative funds to help pay the up-front move-in costs (security deposit, application fees) for clients participating in the program. Without the availability of funds from the CCOs for this purpose, it is very likely that the rental assistance would not be utilized.

Where: Douglas County, Oregon

Funding: Addictions and Mental Health (AMH) through State of Oregon General Fund and Tobacco Tax dollars

For more information or to submit an innovative health and housing integration best practice, contact:

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