

Mental-Behavioral Health Workgroup

Friday, December 15, 2017

Attendees: Bettina Schempf, Jeff Blackford, Anne Schuster, Danielle Brown, Helen Beaman, Kelly Locey, Bill Bouska, Matt Donohue, Chris Hawkins, Shawn Collins, Matt Weatherell, Jennifer McDermond, Jim Gouveia, Chris Gray, Jana Svoboda, Caroline Fisher

Updates from the other workgroups: Coordinated Care: Coordination and handoffs for those presenting at emergency room are lacking -- there are cases where patients presenting with mental health issues are being turned away with no warm handoff to crisis support

Comment from Bill Bouska: Oregon House Bill 3090 recently passed, regarding handoffs and coordination. Requires specific action from hospitals when releasing patients from emergency department following treatment for a behavioral health crisis. Details on the bill are available at: <https://olis.leg.state.or.us/liz/2017R1/Measures/Overview/HB3090> or <https://gov.oregonlive.com/bill/2017/HB3090/>

Review of draft survey:

In the last meeting, we agreed to conduct a survey to identify service gaps -- Bettina developed a draft for review

Intent: Map existing services, who is delivering services, where are there gaps?

Question: Was this information already gathered by others (211, etc?) -- we should leverage if possible.

CSC resource book may be helpful. United Way Community Impact grant applications may be helpful.

Suggestion that we build list from existing resources and have people fill gaps.

SC: 211 report of the existing mental health services in Benton County was distributed after the meeting

Discussion:

- Would be helpful to build a clear view of the services provided and handoffs made (key referral partners) by BC Mental Health. More information about the peer supports provided by the County would be helpful as well.
- Split barriers and challenges question
- Target population
 - Age groups served
 - Other demographic info
 - Income requirements?
- Services offered
- Annual capacity
 - Add "underutilized" "At capacity" "Do you have a waitlist"
 - Other suggestions
 - Length of time for service for waitlist?
 - Process to address waitlist?
 - Length of time between first contact and first service?
- Add - Service details?
- Add - "do you serve patients on OHP/Medicaid/etc"

Further discussion:

Question: Is the main focus to identify gaps?

Discussion:

- Should we spend time documenting gaps, or spend our time brainstorming ideas to get more capacity? We know there's insufficient resources now.
- Don't we need to have a view of the gaps to support efforts to get more resources?
- It may be that funding isn't the only problem -- recruitment and retention, land use, etc., are all problems that impact the capacity to deliver services.
 - We can get caught up in the clinical aspects, when we may need more things like "housing first", community centers, etc
- Would like to see something that gets our key organizations together and cooperating on a regular basis
- **Suggestion:** Hold a summit where all the providers come together to discuss what they do, what they offer, feed them, and hand out the survey
 - Chris Hawkins has done this before for youth services
 - Community Connections meeting to discuss issues surrounding services to youth. The idea is to break down silos and talk across the organizations. In the first meeting, they did a gap analysis.
 - Anyone in the meeting has to commit to some specific actions to address issues.
 - We could use the list generated from 211 query as the base of an invite list
 - CHANCE: Goal is to have a service hub in each community where there's a Samaritan hospital. Want to serve as a resource hub.
 - Currently in Albany, Lebanon, Newport
 - Could present their plan and needs at a summit
 - **Agreement: rather than issue survey, form a small group to plan a summit**

Who do we want to attend this summit?

- SC Action:
 - Circulate list from TYP update MH strategy (to be distributed with meeting notes)
 - Circulate list from 211 (Sent by email post meeting)
 - Include AST/YST members (to be distributed with meeting notes)
 - Include some other groups - Blue Sun (employment), real estate, etc
- Planning Committee
 - Chris Hawkins, Andrea Myhre, Jim Gouveia, Jana Svoboda, Danielle Brown
 - Meet first week in Jan
- **Discussion: Goals for this committee?**
 - Research on best practices
 - Funding facilitation
 - Addressing case management and discharge planning

Housing Opportunities Action Council

- Mental Health Court
 - This is in the works, but not going to happen right away
 - There is a co-occurring disorders strand in drug court
 - Identifying best practices and function of a mental health court would be helpful
- **Question from Anne Schuster:** International Clubhouse Model (<http://clubhouse-intl.org/>): day treatment, peer support, jobs assistance, mental health and addiction supports, evidence-based program, there are criteria for establishing and assistance to begin
 - Could current Daytime Drop-in Center connect with this model, and CHANCE?
- **Update from Bill Bouska - Behavioral Health Collective**
 - State has directed creation of regional Behavioral Health Collaboratives within the next year
- **Next meeting: January 19, 3pm**