

Mental-Behavioral Health 05/18/2018

Friday, May 18, 2018 2:17 PM

HOAC Mental Health Workgroup

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| Date | Friday, May 18, 2018 |
| Time | 3.00pm to 4.30 pm |
| Location | Commissioner Meeting Room Benton County Offices, 205 NW 5 th St, Corvallis |

From Ten Year Plan:

Intervention Area: *Prevention (Mental Health)*

Strategy:

3.6 By July 2019, increase capacity to provide mental health treatment and detox services in Benton County

4.4 By July 2019, strengthen partnerships with Local Law Enforcement and Mental health to ensure mental/behavioral health and other support needs of persons experiencing homelessness are addressed with appropriate interventions

Attendees: Shawn Collins, Jennifer McDermond, Anne Schuster, Andy Abblitt (alt for Matt Weatherell), Liz Scott, Monica Cowan, Jana Svoboda, Andrea Myhre

Apologies: Chris Hawkins, Matthew Donohue

Note taker: Shawn Collins

- 1) Introductions, Approval of Agenda and Minutes (10 minutes)
 - Add - Update on Clubhouse International
 - Corrections to minutes -- Anne will send comments to Bettina/Shawn

- 2) Follow up from April meeting: (15 minutes)
 - a. Training requirements for CIT/DPSST Approval
 - Liz Scott: 3 trainings have been completed - 40 hours of training
 - About 40 people have completed
 - Training provided by community partners
 - Intro & self-care: CPD and Chaplain service
 - Mental Health First Aid through Samaritan
 - Seniors - Helen Beaman
 - Veterans - National Guard Unit from Salem
 - ACT & Crisis Services - Liz and Monica
 - DA's office -- legal issues related to mental health and law enforcement
 - Children's Farm Home - role play of scenarios (Psychosis, depression, dementia, autism) to support practicing skills
 - Homelessness is not a current topic - Sara Hartstein may be a good candidate to pull in

- Juvenile Justice does not currently present -- and has not participated in the training -- discussion of relevance
- Goal is to have all law enforcement in Benton County attend training. Grant pays for only part of the training.
 - GOBHI and DPSST are collaborating to create more CIT opportunities across all counties, and build a sustainable model for the training.
- Lt Cord Wood has been a big local advocate for the training
- Liz and Monica coordinate the presenters
- Monica Cowan: The training has already had an impact on the quality of care, and created better opportunities for de-escalation
 - Andrea Myhre: Comment on positive experience of CPD interactions with a client in crisis
- One Fire Dept staff member has been trained

b. Update on May 23rd meeting: children's MH services

- Agenda looks pretty well developed for youth section
- April 17 - invite went out

c. Update on planning for adult services meeting

- Adult session on the 23rd has been less developed
- Chris Gray suggested as a presenter/facilitator
- Information on ACT, CIT training
- Suggestion that Andrea/Jana meet with Chris, see who is attending, and gather resources
 - ACT
 - EASA - Early Assessment and Support Alliance - focused on early intervention for youths in crisis
 - Nicole Hindes? HSRC information
 - Information on AST

3) Review and discussion of Draft Workplan (45 minutes)

- Discussion of need for co-chair with adult mental health experience
 - Possible: A&D Services, or someone from IHN-CCO
- Review of Draft Workplan (**Need to revise format to make tracking results easier)
 1. Complete --- edit out refs to MHAT -- update target dates
 2. In progress
 3. Retain -- note review of Sequential Intercept Mapping in earlier meeting
 4. Intent was to do this as part of the MH Summit -- planning has been challenging, but there's still a need to do an inventory, etc -- target date for a summit (beyond what's planned on May 23)
 - 1) Would a MH resource book/resource help?
 - a) Part of the need was to get more face to face engagement and review
 - 2) How can we leverage discussions to build support for additional resources?
 - 3) Liz: See value in face to face to talk through issues, brainstorm, and build relationships
 - a) The way CIT training happened was that a group just kept meeting, and that group built relationships and support for a plan of action
 - i) Could we use this workgroup meeting as a regular planning session for an adult MH services summit?
 5. Opportunities for advocacy, policy and practice changes that need support, etc - these are the intended focus of #5.
 - 1) Would it help to build a flow chart for resources/referrals?
 - a) Could build this as part of the summit?
 - 2) Would be useful to learn more about how ARCHES in Salem?

- a) May be useful to have guest speakers to this meeting, and/or the summit to explore alternate models
 - 3) Change date to Nov 2018
- 6. (UPDATE HEADING TO REMOVE PILOT PROJECT LANGUAGE)
CIT training underway -- will incorporate homelessness into future CIT training agenda
 - 1) Update timeline
- 7. Refer to CIT notes above
 - 1) Other activities: Stepping Up initiative - in other counties, this has been productive to build collaboration. Focused on prevention, and intercepting MH clients for jail diversion.
 - 2) Remove "align with metrics" language --
 - 3) Get Stepping Up to present to this group
- 8. Engage on this one after MH Summit -
 - Stopped at 8 -- complete review in next meeting
 - Request to add a goal: assess opportunities to get more mental health workers in the community (encourage training, recruitment of people into the field, engage with local ed orgs - LBCC, etc)

- 4) Updates from other HOAC or community workgroups (5 minutes)
- 5) Next meeting date - June 15 (2 minutes)